

De Waarheid



Choreographer: Monika Mickein (GER) - March 2019

Count: 32 - Wall 2 - Level: Newcomer - Polka - 1 easy Restart

Music: De Waarheid by Frank Verkooyen - Edit (BPM 122) pitch down

Intro: 4 counts (8 – sec.)

R Shuffle fwd, L Shuffle fwd, Rock Step fwd, Chasse ¼ Turn R

1&2 RF step fwd, LF step together, RF step fwd

3&4 LF step fwd, RF step together, LF step fwd

5-6 RF step fwd, LF recover weight

7&8 RF ¼ Turn R right side, LF step together RF, RF step right side **(3:00)**

Chasse Box R ¾ Turn, Scuff Side

1&2 RF Turn ¼ R, chasse LRL **(6:00)**

3&4 LF Turn ¼ R, chasse RLR, **(9:00)**

5&6 RF Turn ¼ R, chasse LRL **(12:00)**

7-8 RF Scuff, RF step right side step

**** RESTART in Wall 6 – 6:00 - add an & count to collect LF next to RF to start the dance**

L Shuffle fwd, Rock Step Fwd, Chasse ½ Turn R , L Shuffle Fwd

1&2 LF step fwd, RF step together, LF step fwd

3-4 RF step fwd, LF recover weight

5&6 RF ¼ Turn R right side, LF step together RF,
RF ¼ Turn R step right side **(6:00)**

7&8 LF step fwd, RF step together, LF step fwd

Heel Switches R&L&R, Clap Clap, R Sailor, L Sailor

1&2&3 RF Touch R heel fwd, RF step next to LF, LF touch L heel fwd,
LF step next to RF, RF Touch R heel fwd

&4 Clap, Clap

5&6 RF step behind LF, LF step to left side, RF step to right side

7&8 LF step behind RF, RF step to right side, LF step to left side

Start again – Option for the party: you can also dance it contra *have fun* 😊

Restart in wall 6 after 16 counts - facing 06:00

Ending: in Wall 13 after 16 counts – facing 06:00

Step Turn ½ R, Stomp – facing 12:00 – and Pose

1-2 LF step fwd, ½ Turn R, weight on RF

& LF stomp to left side (slightly fwd)