



Dirty Dancing

Choreographed by Pat & Amanda Reynolds

Description: 36 count, 2 wall, beginner/intermediate line/contra dance

Musik: **I Had The Time Of My Life** by Bill Medley & Jennifer Warnes [109 bpm / [Start dancing on lyrics](#)]

SIDE ROCK, RECOVER, CHA-CHA, SIDE ROCK, RECOVER, CHA-CHA

- 1 Rock to the left side on left foot
- 2 Rock back in place on the right foot
- 3&4 Cha-cha-cha on the spot stepping left, right, left
- 5 Rock to the right side on right foot
- 6 Rock back in place on left foot
- 7&8 Cha-cha-cha on the spot stepping right, left, right

FORWARD ROCK, RECOVER, CHA-CHA, BACK ROCK, RECOVER, CHACHA

- 1 Rock forward on left foot
- 2 Rock back in place on right foot
- 3&4 Cha-cha-cha on the spot stepping left, right, left
- 5 Rock back on right foot
- 6 Rock forward on left foot
- 7&8 Cha-cha-cha on the spot stepping right, left, right

STEP, PIVOT ½, STEP, PIVOT ½

- 1 Step forward on left foot
- 2 Pivot ½ turn to the right
- 3 Step forward on left foot
- 4 Pivot ½ turn to the right

GRAPEVINE LEFT, TOUCH/CLAP, GRAPEVINE RIGHT, TOUCH/CLAP

- 1 Step to the left on left foot
- 2 Cross right foot behind left
- 3 Step to the left on left foot
- 4 Touch right toe next to left and clap
- 5 Step to the right on right foot
- 6 Cross left foot behind right
- 7 Step to the right on right foot
- 8 Touch left toe next to right and clap

¼ TURN, KICK, ¼ TURN WITH FLICK, STOMP, HIP ROLLS (OR HIP BUMPS)

- 1 Step ¼ turn to the left on left foot
- 2 Kick right foot forward
- 3 Pivot ¼ turn to the left on left foot and flick right heel back at the same time
- 4 Stomp right foot next to left
- 5-8 Roll hips in a circular motion to the left (two full rolls)
(An alternative move to the hip rolls is Bump the hips left, right, left, right)

Start again

Quelle: Kickit – May 1998