



Light Me Up

Count: 32 - Wall: 2 - Level: Improver - **Restart : At wall 3 – (12:00), dance the first 13 counts, and add these steps to restart the dance then (6:00)**

6-7-8 Step down on R (6), Make 1/4 turn L stepping on L (7), Touch R next to L (8)

Choreographer: José Miguel Belloque Vane (NL) & Guillaume Richard (FR) - March 2022

Music: Flames - R3HAB, ZAYN & Jungleboi

Intro: 16 counts - Dance starts from the lyrics (you better run from me)

1-8] Out Out, Clap, Step Lock Step & Sweep, Cross, Side, Behind & Sweep, Weave

&1-2 Step out R back (&), Step out L to L (1),
Clap both hands above your head (2) 12:00

3&4 Step R fwd (3), Cross L behind R (&),
Step R fwd and sweep L from back to front (4) 12:00

5&6 Cross L over R (5), Step R to R (&),
Cross L behind R and sweep R from front to back (6) 12:00

7&8 Cross R behind L (7), Step L to L (&), Cross R over L (8) 12:00

9-16] Step & Tap, Side, Behind, Side, 1/4 R turn Step, Step 1/2 R turn, Step & Hitch, Step, Out Out In & Cross

&1-2 Step L to L (&), Tap R toes behind L (1), Step R to R (2) 12:00

3&4& Cross L behind R (3), Make 1/4 turn R stepping R fwd, (&), **(3:00)**
Step L fwd (4), Make 1/2 turn R stepping on R (&) **(9:00)**

5-6 Step L fwd and raise on L toes as you hitch R knee (5), Step R fwd (6)

7&8& Step out L to L (7), Step out R to R (&),
Step in L back to center (8), Cross R over L (&) 9:00

17-24] Lunge, 1/4 R turn, 1/2 R Step Back, Coaster Step, Step, Step Lock Step

1-2 Step L to L and bend L knee to go lower (1),
Make 1/4 turn R stepping on R fwd (2) **(12:00)**

3-4& Make 1/2 turn R stepping L back (3), Step R back (4),
Step L next to R (&) **(6:00)**

5-6 Step R fwd (5), Step L fwd (6) 6:00

7&8 Step R fwd (7), Cross L behind R (&), Step R fwd (8) 6:00

25-32] Mambo Fwd, Mambo Back, Step Diagonal Touch L /R x2, Step Back & Drag

1&2 Step L fwd (1), Recover on R (&), Step L back (2) 6:00

3&4 Step R back (3), Recover on L (&), Step R fwd (4) 6:00

5&6& Step L fwd onto L diagonal (5), Touch R next to L (&),
Step R fwd onto R diagonal (6), Touch L next to R (6) 6:00

7-8 Step L back (7), Drag R next to L (8) 6:00

Last Update - 30 Mar 2022

Quelle: <https://www.copperknob.co.uk> - 11.05.2022