



Sweet Release

Count: 32 - Wall: 4 - Level: Improver – NO TAG – NO RESTART

Choreo: Fred Whitehouse (IRE) & Shane McKeever (N.IRE) - February 2022

Music: Come Turn Me On - Casey Barnes

Intro: 16 Counts, Start at approx 8 secs

SEC 1: Heel & Heel & Heel, Hook, Shuffle, Step 1/2 R Turn

- 1&** Touch right heel forward, step right beside left
- 2&** Touch left heel forward, step left beside right
- 3-4** Touch right heel forward, hook right over left
- 5&6** Step right forward, step left beside right, step right forward
- 7-8** Step left forward, pivot 1/2 right transferring weight onto right **(6:00)**

SEC 2: Dorothy Step L/R, Cross Rock, Chasse to left

- 1-2&** Step left to left diagonal, lock right behind left, step left to left diagonal
- 3-4&** Step right to right, step left behind right, step right to right diagonal
- 5-6** Cross rock left over right, recover weight onto right
- 7&8** Step left to left, step right beside left, step left to left

SEC 3: Cross, Side, Behind, 1/4 L Turn Step, Step, 1/4 L Turn, Chasse to right

- 1-2** Cross right over left, step left to left
- 3-4** Step right behind left bending both knees, turn 1/4 left step left forward **(3:00)**
- 5-6** Step right forward, pivot 1/4 left transferring weight onto left **(12:00)**
- 7&8** Cross right over left, step left beside right, cross right over left

SEC 4: Side, Touch, Side, Touch,

1/4 L Turn Step, 1/2 L Turn Back, Chasse 1/2 L Turn

- 1-2** Step left to left, touch right beside left
- 3-4** Step right to right, touch left beside right
- 5-6** Turn 1/4 left step left forward, **(9:00)**
turn 1/2 left step right back **(3:00)**
- 7&8** Turn 1/4 left step left to left, step right beside left, **(9:00)**
turn 1/4 left step left forward

Start again

Quelle: <https://www.copperknob.co.uk>

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