



Slow Hands

Count: 32 - Wall: - 4 - Level: Novice - smooth

Choreographer: Jose Miguel Belloque Vane, (NL). May 2017

Music: Niall Horan - Slow Hands (New Single 2017 (approx 3.07 mins))

Intro: **16 counts, start approx 14 sec.**

Sequences:

32, 16, Restart, 32, 16, Restart, 24, Restart, 32, 24, Restart, 32, 32, ending.

Part I. [1-8] Walks Fwd R, L, ½ Pivot Turn L, Continue a ½ Turn L, Sweep L, Weave R, Side Rock, Recover & Cross.

1-2 Walk R forward, Walk L forward.

3&4 Step R forward, Pivot ½ turn L (6) over L, **(6:00)**
Continue a ½ turn L (12) step R slightly back and **(12:00)**
sweep L from front to back.

5&6 Step L behind R, Step R to R, Step L across R.

7&8 Step R to R, Recover back onto L, Step R across L.

PART II. [9-16] Small Step Back, Sweep R, Behind, Side, ½ Pivot Turn L, ¼ Paddel Turn L, ½ Paddel Turn L, ½ Sailor Turn R.

1,2& Step L slightly back and sweep R from front to back,
Step R behind L, Making ¼ turn L (9) step L to L. **(9:00)**

3-4 Step R forward, Pivot ½ turn L **(9)** over L taking weight onto L. **(3:00)**

5-6 Making ¼ turn L (12) over L and point R out to R, **(12:00)**

Making ½ turn (6) L over L and point R out to R. **(6:00)**

7&8 Step R behind L, Making ½ turn R (12) step L to L, Step R forward. **(12:00)**

(NB: Restart here in WALL 2 / 4 after 16& counts, after start again).

PART III. [17-24] Ball Step, Walk L, R Anchor Step, Sweeps Back & Replace L, R, L, Sailor Turn 1/2 L.

&1-2 Step L behind R on ball, Step R forward, Walk L forward.

3&4 Locked R behind L take weight onto R, Recover back onto L,
Recover back onto R and sweep L from front to back.

5-6 Step L back in place slightly back and sweep R from front to back,
Step R back in place and sweep L from front to back.

7&8 Step L behind R, Making ½ turn L (6) step R to R, Step L forward. **(6:00)**

(NB: Restart here in WALL 5 / 7 after 24 counts, after start again).

**PART IV. [25-32] 2x Cross Heel Jacks R, L (travelling fwd),
Walk R with $\frac{1}{4}$ Turn L, Walk L, $\frac{1}{2}$ Pivot Turn L,
Together (weight change).**

- 1&2& Step R across L, Step L to L slightly forward,
Touch R heel diagonal forward, Step R back in place.
- 3&4& Step L across R, Step R to R slightly forward,
Touch L heel diagonal forward, Step L back in place.
- 5-6 Making $\frac{1}{4}$ turn L (3) walk R forward, Walk L forward. **(3:00)**
- 7-8 Step R forward,
Pivot $\frac{1}{2}$ turn L (9) over R and step L beside R taking weight onto L. **(9:00)**

REPEAT DANCE AND HAVE FUN!!