



Before The Devil

Choreographed by: Alan G Birchall (UK) May 2006

Choreographed to: 'If You're Going Through Hell' by Rodney Atkins (156 bpm)
from CD If You're Going Through Hell

32 count intro

Side Rock, Cross Shuffle, 1/2 Turn Right, Forward Shuffle

1 – 2 Rock right to right side. Recover onto left.

3 & 4 Cross right over left. Step left to left side. Cross right over left.

5 – 6 Make 1/4 right stepping back onto left. Turn 1/4 right stepping right to right side.

7 & 8 Step left forward. Close right beside left. Step left forward.

Walk x 2, Kick Ball Step, Cross, Side, 1/4 Right Sailor Turn

1 – 2 Walk forward right. Walk forward left.

Option: Make full turn left stepping right, left.

3 & 4 Kick right forward. Step right beside left. Step left forward.

5 – 6 Cross right over left. Step left to left side.

7 & Turning 1/4 right sweep right behind left. Step left beside right.

8 Step right forward. (9:00)

Full Turn Left (travelling forward), Heel Switches, Hand Claps

1 – 2 Turn 1/4 left stepping left forward. Turn 1/4 left stepping right back.

3 – 4 Turn 1/4 left stepping left to side. Turn 1/4 left stepping right forward.

Option: Replace turn with 4 walks forward - left, right, left, right.

5 & Touch left heel forward. Step left beside right.

6 & Touch right heel forward. Step right beside left.

7 & 8 Touch left heel forward. Clap hands twice.

Rock, Triple Full Turn Right, Cross, Side, Behind, Side, Cross

& 1 – 2 Step left beside right. Rock forward on right. Recover back onto left.

3 & 4 Triple full turn right, stepping - right, left, right.

Option: Replace turn with right coaster step.

5 – 6 Cross left over right. Step right to right side.

7 & 8 Cross left behind right. Step right to right side. Cross left over right.

repeat

Quelle: Yipee (May 2006)