



Upside Down

Count: 32 - Wall: 4 - Level: Beginner

Choreographer: Suki (KOR) & Sally Hung (TW) - July 2020

Music: Upside Down by Paloma Faith

Intro: 32 counts - No tag, no restart

S1. Heel Together (R,L), Fwd Scuff x2,

1,2,3,4 Touch R Heel Forward, Step R Next to L,
Touch L Heel Forward, Step L Next to R.

5,6,7,8 Step Forward On R, Scuff Fwd On L,
Step Forward On L, Scuff Fwd on R

(Option: Fwd Heel Struts (R,L),

1,2,3,4 Dig R heel fwd, drop R foot, Dig L heel fwd, drop L foot)

S2. Mambo, Hold, Shuffle Back, Hold

1,2,3,4 Rock Fwd On R, Recover On L,
Step Back On R, HOLD

5,6,7,8 Step Back On L, Step R Together, Step Back On L, HOLD

S3. Side Touch(R,L), Side, Together, Back, Hold

1,2,3,4 Step R to R Side, Touch L Beside R,
Step L to L Side, Touch R Beside L ,

5,6,7,8 Step R to R Side, Step L Together, Step Back On R, HOLD

S4. Side, Together, 1/4 L Fwd, Hold, Sway x4

1,2,3,4 Step L to L Side, Step R Together,
1/4 L Step Fwd On L, HOLD

5,6,7,8 Step R to R side, swaying hip RLRL

(9:00)

Happy Dancing!

Quelle: <https://www.copperknob.co.uk>

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